

### Allergies/Drug Reactions

- None known
- Adhesive Tape
- Anti-Inflammatories
- Aspirin
- Other
- Cephalosporins
- Codeine
- Dyes
- Erythromycin
- Food
- Iodine
- Latex
- Penicillin
- Sulfra Drugs
- Tetracycline

### Medical Conditions

- Anemia
- Diabetes
- High Blood Pressure
- High Cholesterol
- HIV
- Kidney Disease
- Liver Disease
- Ulcers
- Angina
- Edema (water retention)
- Emphysema
- Heart Problems
- Hemophilia
- Asthma
- Cancer
- Other
- Arthritis
- Lung Disease
- Migraines
- Parkinson's
- Pregnancy

Doctors' Names:

\_\_\_\_\_

\_\_\_\_\_

Doctors' Phone Numbers:

\_\_\_\_\_

\_\_\_\_\_

Pharmacy Names:

\_\_\_\_\_

\_\_\_\_\_

Pharmacy Phone Numbers:

\_\_\_\_\_

\_\_\_\_\_

Tetanus shot \_\_\_\_\_ Date \_\_\_\_\_

Pneumonia shot \_\_\_\_\_

### Tips to Remember:

1. Keep a complete list of all drugs you are taking with you at all times.
2. Understand instructions.
3. Before visiting your physician or pharmacist, make a list of any questions you have.
4. Make sure your physician and pharmacist know all medications you are taking (including over the counter and herbal products).
5. When taking many medications at the same time, make sure to keep track of what each one is for and how and when to take.

### Pocket Rx



Name \_\_\_\_\_

Phone # \_\_\_\_\_

Work # \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Contact # \_\_\_\_\_

Current Medications (including Over-the-Counter, Herbal Products, and Vitamins)

Drug Name	Dosage	Directions for Use	Reason for Taking:
